



HEAT UP THE POOL PARTY.™

Join Melissa Fisher, licensed Zumba Instructor, for the only Aqua Zumba class in the area!

Jump into the Latin-inspired, easy-to-follow, calorie-burning, dance fitness-party™ that makes working out a splash.

JOIN THE PARTY™



Class launches Saturday, February 4 at 8 a.m.

6 week session • Tues., Feb. 7 - Mar. 27 from 5:10-6pm OR 6:15-7pm

FREE for Members
Non-members \$35

For more information, contact Melissa Fisher. Registration is requested. Please sign up at front desk.

Known as the Zumba® "pool party," Aqua Zumba integrates the Zumba formula with aqua fitness disciplines. An Aqua Zumba class blends it all together into a safe, challenging, water-based workout that's cardio-conditioning, body-toning, and most of all, exhilarating beyond belief.



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