

## About Our Staff



**Brigit K. Brennan, M.D., F.A.C.S. -General Surgery**  
Medical School - University of Michigan, Ann Arbor, MI. Residency William Beaumont Hospital, Royal Oak, MI. Board Certified.



**John P. Papp, Jr., M.D., Gastroenterology**  
Medical School - The Ohio State University College of Medicine, Columbus, OH. Residency - The Ohio State University Hospitals, Columbus, OH. Board Certified



**Andrew Parsons, M.D., General Surgery**  
Medical School - The Ohio State University College of Medicine, Columbus, OH. Residency - The Write State School University of Medicine. Board Certified.



**Max Rappaport, M.D., General Surgery**  
Medical School - Wayne State University School of Medicine. Residency - William Beaumont Hospital, Royal Oak, MI. Board Certified.

## CDH Nursing Staff

Left to Right – Deb Winkler, RN; Julie Frith, RN; and Mary Jo Kietzman, RN, all three with over 90 years of experience!



## Digestive Health

There are many conditions that make up what doctors call “digestive disorders.” These include almost anything that affects the gastrointestinal tract made up of the esophagus, stomach, gallbladder, small intestine, and large intestine.

Some digestive conditions are simply annoying—mild heartburn, constipation, or diarrhea. Others are more severe, including GERD (acid reflux), irritable bowel syndrome, ulcerative colitis, and Crohn’s disease.

Digestive disorders affect men and women of any age but occur more frequently in people over age 50.

Digestive conditions are often treated with medicine or surgery. There are also lifestyle changes, such as modifying the diet, losing weight, getting more exercise and managing stress better, that can improve and even eliminate symptoms of digestive disorders

For more information or to make an appointment, please call **269.945.3901** You may also visit us online at **[www.pennockhealth.com](http://www.pennockhealth.com)** or scan our QR code below.



## The Center for Digestive Health



1009 W. Green St., Hastings, MI 49058  
Phone: 269.945.3901  
[www.pennockhealth.com](http://www.pennockhealth.com)



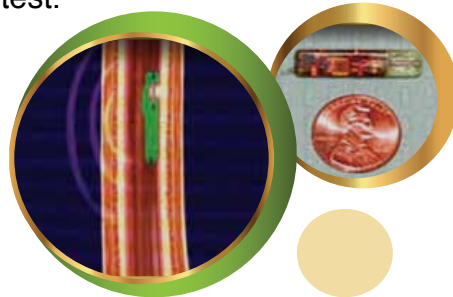
*We have drawn together the expertise of digestive health specialists from throughout the region to provide you with the latest, most non-invasive diagnostic procedures in a setting that you know and trust.*

## PillCam, Capsule Endoscopy

This new procedure lets your doctor see what is happening inside parts of your gastrointestinal (GI) tract where the movement of muscles helps the body digest food. During this test procedure, the patient swallows a vitamin-sized pill with a camera inside. ePillCam video capsule transmits images of different parts of the body such as the small intestine and esophagus. More than 700,000 patients have benefitted from one of the PillCam video capsules since its introduction.

## Catheter-free Bravo pH Monitoring System

This new system allows the physician to monitor the acid levels in the esophagus over a 48-hour period. Using a tiny transmitter that is temporarily placed at the base of the esophagus, information is transmitted wirelessly to a small portable receiver worn on the waistband. It is a comfortable procedure which allows the patient to eat and drink normally during the test.



## Colonoscopies

There is still no perfect substitute for a colonoscopy (lower bowel scope procedure), although the unpleasantness of the procedure is often exaggerated. Using a mild sedative, this procedure allows your doctor to look inside the entire large intestine to review areas of concern or growths.

## Treating Common and not-so-common Digestive Disorders

Our Center for Digestive Health provides highly effective treatment for both common and not-so-common digestive disorders. We specialize in finding the causes of acid reflux, indigestion, and heartburn (GERD), provide early cancer and pre-cancer screening of the lower bowel (colonoscopy), and diagnose other digestive disorders involving the bowels, liver, pancreas, and gall bladder.

We cannot always promise that you will look forward to your procedures, but we can promise that you'll get the best, least invasive procedures available in today's market.

Each of our physicians are board certified or board-eligible and have vast experience in treating most conditions. Sometimes surgery may be required. Pennock Health Services has excellent surgeons and surgical facilities that can provide quality treatment without you having to travel long distances.

*\*Pennock Center for Digestive Health participates with most insurance companies. Please check with your carrier to make sure you are covered.*